

Recreation Advice Procedure:

Collect all the relevant information regarding who is seeking the information.

- Age
- Gender
- Location
- Activity/Interests
- Disability (for example; are they a wheelchair user?)

For each activity/interest identified, find approximately three options. The best place to start is the internet.

Conducting a broad search of the topic will undoubtedly yield a lot of results; however narrowing the search field will retrieve more accurate results. Include information such as the desired location of the activity in the search; this will further narrow the searching scope, giving more specific results/options.

Once a number of activities/groups have been identified; contact potential clubs directly, via email or telephone, as some websites may contain information that has not been maintained or updated, and as a result the club/activity may no longer be running, or the times and venue has changed. Use this opportunity to find out about the club, and what participation in the club involves etc.

After a number of activities have been sourced, formulate and condense the information into a simple response, include as much relevant information as possible, and forward to recipient. It is useful to include the website and contact details of the key person to speak to, as well as a brief description of the club/activity.

We would also recommend keeping a resource folder of the clubs/groups that have been researched and contacted, as having this information at hand can assist with future recreation advice requests, and can be easily forwarded.

An example of such a resource is Inclusion WA's Recreation and Sports Contact List:

This document identifies a number of recreation and sporting groups across WA that have shown an ongoing commitment to inclusive activities:

<http://www.inclusionwa.org.au/recreation-advice-information-service/>

Useful information:

The Department of Sport and Recreation (DSR), also offer a good search engine regarding locating local clubs: ClubsOnline <http://clubsonline.dsr.wa.gov.au/find-a-club>. This enables specific fields, such as season, age, location and distance, to be entered and then filters results to match selections.

It is also worthwhile to look into what recreational activities Local Governments are currently running/coordinating, as a lot of activities are run through local community/recreation centres.

<http://walga.asn.au/>