

# Classification Document for Athletes with an Intellectual Disability living in Western Australia



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# 1. Introduction

This document has been put together as a step by step guide to help potential athletes within Western Australia fill out the eligibility application forms for AUSRAPID and INAS classification. Inclusion WA is the AUSRAPID representative organisation for Western Australia.

To ensure fair and competitive sport, AUSRAPID strictly applies the eligibility criteria described in this document, which adheres to the same criteria developed by the International Sports Federation for Persons with Intellectual Disability (INAS). AUSRAPID is the only classification process within Australia that is approved by INAS.

Applications for eligibility should be submitted as soon as possible. Application forms can be found on the AUSRAPID and INAS websites, for links to these websites please see appendix.

Please make sure that the individuals responsible for completing the different parts of the application fully understand the instructions and requirements in each section. For your convenience a list of useful contacts has been included in this document, specific to Western Australia. This entire document should be presented to the Psychologist and anyone else helping to complete the application forms. All sections of the application must be completed in full. Incomplete applications or those that are not completed correctly will be returned and this will cause delays in evaluating eligibility.

The form and all accompanying documentation must be in the English language unless otherwise specified. Documents translated from a national language into English must be certified as accurate and authenticated by a registered notary.



## 2. Competition levels requiring Classification

### 2.1) Local, club and regional competitions

The classification required to compete at this level of competition is determined by the event organiser or committee. Generally, this requires athletes to provide sufficient evidence confirming a diagnosis of intellectual disability.

### 2.2) State & National competitions

For athletes competing at a state and/or national level within Australia in the following sports at a national body affiliated event, an AUSRAPID eligibility application form needs to be completed.

Athletes wishing to claim Australian and World records for Athletics and Swimming must also be registered with INAS.

- |                      |                                     |
|----------------------|-------------------------------------|
| i. Athletics         | viii. Aussie Rules                  |
| ii. Swimming         | ix. Futsal (5-a side indoor soccer) |
| iii. Basketball      | x. Rowing                           |
| iv. Lawn Bowls       | xi. Cricket                         |
| v. Tennis            | xii. Sailing                        |
| vi. Table Tennis     | xiii. Cycling                       |
| vii. Ten pin Bowling |                                     |



## 2. Competition levels requiring Classification cont.

### 2.3) International Competitions

Athletes chosen to represent their country at an international level in the following sports will need to be registered with INAS.

- |                           |                 |
|---------------------------|-----------------|
| I. Alpine & Nordic Skiing | VII. Judo       |
| II. Athletics             | VIII. Rowing    |
| III. Basketball           | IX. Swimming    |
| IV. Cricket               | X. Table Tennis |
| V. Cycling                | XI. Tennis      |
| VI. Football/Futsal       |                 |

Registering for INAS is a two stage process:

- i) *Primary Eligibility Check*: determines that an athlete meets the eligibility criteria listed below and it must not be more than 5 years old.
- ii) *Sports-Specific Classification*: This process will be finalised by the international federations shortly. This testing is used to determine whether a person's intellectual disability results in a sufficient limitation of their ability to perform the core elements of their sport. This testing procedure is different for each sport and only authorised classifiers are able to complete this process with the athlete.



## 3. Meeting the Eligibility Criteria for Intellectual Disability

The diagnostic criteria for intellectual disability used by INAS are consistent with those of the World Health Organisation (WHO, ICD-10 and ICF, 2001) and the American Association on Mental Retardation (AAMR, 2002).

The criteria for intellectual disability have three components:

- 3.1)** *Significant impairment in intellectual functioning* as indicated by a full scale score of 75 or lower on an internationally recognised and professionally administered IQ test (for example, a Wechsler Intelligence Scale for Children [WISC-R], Wechsler Adult Intelligence Scale (WAIS), Ravens Matrices or the Stanford Binet).
- 3.2)** *Significant limitations in adaptive behaviour* as expressed in conceptual, social, and practical adaptive skills established through the use of standardised measures that have been norm-referenced on the general population including people who have a disability (e.g., Vineland Adaptive Behaviour Scales, ABAS, AAMR, Adaptive Behaviour Scales). The skills assessed include: communication, self-care, self-direction, and social/interpersonal skills. Limitations in adaptive behaviour affect both daily life and the ability to respond to life changes and environmental demands.
- 3.3)** *Intellectual disability must be evident during the developmental period*, which is from conception to 18 years of age.



## 4. Completing the AUSRAPID Application forms; How to?

This section of the classification document is designed to assist in the completion of the AUSRAPID eligibility application. Your co-operation in providing the necessary information is essential to ensure correct completion of the registration application.

### 4.1) PARTS I and II - Personal Details, Supports and Services

These sections are to be completed by the athlete, the athlete's parents or a professional acquaintance. Some examples of people that can complete this section of the AUSRAPID application form are:

- Parents
  - Caregivers
  - Guardians
  - Next of Kin
  - Legal Trustees
- Professionals – includes, but not limited to:*
- i. School Teacher
  - ii. Accommodation Support worker
  - iii. Employer
  - iv. Financial (i.e. Centrelink)

### 4.2) PART III - Professional Statements

**THIS SECTION MUST BE COMPLETED BY A REGISTERED PSYCHOLOGIST.**

If you have undergone psychological IQ tests previously – for school or work – you can use this documentation as evidence for part III of the AUSRAPID forms. This means you do not need to go through the psychological testing procedure again.

However, if you want to register for INAS classification then your psychologist reports/tests must be less than 5 years old.



## 4. Completing the AUSRAPID only Application forms; How to? cont.

### 4.3) Psychologists recommended by Inclusion WA

Inclusion WA and University of Western Australia are working in partnership to produce the psychological reports at a significantly reduced rate. Please find their contact details listed below.

#### **University of Western Australia – Psychology Department**

**Cost?** : The University will charge \$150.00 to conduct all the required tests as well as provide written summary reports. If however, you have a disability service discount card then the price is reduced to \$75.00.

**How long?** : This will vary slightly from person to person, however for the most part you can expect the whole process to take about 4-5 hours.

**Contact?** : University of Western Australia – Psychology Department

Ph: 6488 3267

Email: [info@psy.uwa.edu.au](mailto:info@psy.uwa.edu.au)

Office Hours: 9am – 5pm weekdays, during University term time.

**Address?** 35 Stirling Highway, Crawley, WA 6019.

However, if you would like the assessment to be completed by a private psychologist please contact Dr Shane Langsford or Inclusion WA for other registered psychologists.

#### **Dr Shane Langsford – Psychological & Educational Consultancy Services**

**Contact?** Dr Shane Langsford – Managing Director & Registered Psychologist

Ph: (08) 9388 8044

Mobile: 0414 442 829

**Address?** Suite 5/336 Churchill Ave Subiaco WA 6008

PO Box 502 Subiaco WA 6904

**Website?** [www.pecs.net.au](http://www.pecs.net.au)





## 4. Completing the AUSRAPID only Application forms; How to? cont.

### 4.4) What can you expect during the psychological testing process?

To register as an athlete with intellectual disability via AUSRAPID, you must provide evidence from a Psychologist with expertise in the diagnosis of intellectual disability. The psychologist is asked to confirm that the assessment and diagnosis of the athlete's intellectual disability has been done correctly and meets all of the requirements as outlined below. The report should contain four parts:

**1 : Significant impairment in intellectual functioning:** A Psychologist must provide direct evidence (primary evidence) that explains the testing procedures and the results that validate a diagnosis of significant impairment in intellectual functioning. This should be in the form of a summary letter/report that includes full details about the process including:

- A. When, where and by whom was the assessment done?
- B. What test was used?
- C. For what purpose was the test performed?
- D. The results of the tests, stating clearly the *FULL SCALE IQ*
- E. **Include a copy of the Summary Sheet/record form showing all scores**

**2 : Significant limitations in adaptive behaviour:** A Psychologist must provide direct evidence (primary evidence) that explains the testing procedures and the results of these procedures that validate a diagnosis of significant limitations in adaptive behaviour. This should be in the form of a summary letter/report that includes full details about the process including:

- A. When, where and by whom was the assessment done?
- B. How the assessment for Adaptive Behaviour was done, which standardised test was used? (e.g., Vineland Adaptive Behaviour Scales)
- C. For what purpose was the test performed?
- D. The results of the tests, stating clearly whether the person has (or does not have) *significant deficits in at least two of the four areas*
- E. **Include a copy of the summary sheet showing all scores**



## 4. Completing the AUSRAPID only Application forms; How to? cont.

**3 : Intellectual disability must be evident during the developmental period:** The athlete must provide written evidence (primary evidence) showing that an IQ of 75 or less was evident before the age of 18, when the assessment was completed after the age of 18. Where this is not possible, the Education Specialists must provide a summary statement explaining:

- A. that in their opinion, the disability was evident before the age of 18
- B. the basis/evidence on which this opinion is expressed

**4 : A statement of the psychologist's final diagnosis:** Based on all of this evidence, have the full standards and requirements for determining that a person has an intellectual disability been met?

Only direct evidence will be accepted to show that the athlete has an intellectual disability. Supplementary information (for example, evidence of special school attendance or other services received) will not be accepted in place of this direct evidence, but may be provided as additional support for the athlete's application.

**It is not acceptable to send only the test papers themselves (e.g. the WISC or Vineland papers), the summary report must be included**

### 4.5) PART IV - AUSRAPID Representatives:

Appropriate representatives of AUSRAPID complete this section of the form.

### 4.6) PART V - AUSRAPID Checklist:

This section is to be completed, signed and dated by the AUSRAPID representative.



## 5. Completing the INAS Application forms; How to?

This section of the document is for those athletes that are completing the INAS application forms.

### When do you need to complete an INAS classification form?

Any competition where an Athlete is representing Australia, requires him or her to be registered with INAS. For an exact list of international sporting events see INAS website ([www.inas.org](http://www.inas.org)). However, if you are competing in a national, state or local event and you wish to claim a world record (e.g. in Athletics and Swimming) then you must be classified with INAS.

The information required for INAS classification is similar to AUSRAPID and is highlighted in pages 3-5 of this document.

### The main differences are as follows:

- a) For successful classification with INAS all supporting documents used for section 3 on the application form must be less than 5 years old. This means IQ assessments and reports older than 5 years will not be accepted for INAS classification.
- b) The TSAL (Training History & Sport Activity Limitations) is not part of the formal eligibility check, but is an important research tool used to inform and develop the system of athlete classification.

A TSAL must be completed by every athlete applying for classification. Where possible, **this should be submitted online** by visiting [www.inas.org](http://www.inas.org) and should be completed by the athletes coach.

When the TSAL is completed online, it is not necessary to submit a paper copy.

Where access to the online TSAL is not possible, a paper copy should be completed and submitted with the classification application form. Paper copies are available from the website or by contacting AUSRAPID or Inclusion WA.



## 6. Competing in multiple events

Athletes seeking approval are automatically assigned a classification number once they are approved by AUSRAPID. This number is for all sports in which athletes with an intellectual disability are included through AUSRAPID, regardless of whether they compete in one or all of the sports.

**Once you have been approved by AUSRAPID you do not have to complete another application form for future AUSRAPID competitions.**

## 7. Keeping your classification up-to-date

Once an athlete is registered with AUSRAPID they remain on the database for 10 years. Athletes who compete at a National and/or International level are required to keep their renewal up to date for that year they are competing. AUSRAPID will send out forms to those athletes who are current for that year with their December issue of the Newsletter. Alternatively, Athletes can download the renewal forms on the AUSRAPID website.



## Appendix

Queries may be forwarded to:

### **Inclusion WA**

PO BOX 1279

INNALOO, WA 6918

Ph: (08) 9201 8900

Fax: (08) 9443 8799

Email: [info@inclusionwa.org.au](mailto:info@inclusionwa.org.au)

Website: [www.inclusionwa.org.au](http://www.inclusionwa.org.au)

Contact Details for AUSRAPID National Headquarters:

### **AUSRAPID**

4 Lowry Place

Benalla VIC 3672

Ph: (03) 5762 7494

Fax: (03) 5762 3560

Email: [mail@ausrapid.org.au](mailto:mail@ausrapid.org.au)

Link to Application forms: <http://www.ausrapid.org.au/ContentPages/eligibility.htm>

Contact Details for INAS International Headquarters:

### **INAS**

6a Caldervale Road

Wakefield, WF1 5PE

ENGLAND

Ph: +44 1924 234 912

Email: [eligibility@inas.org](mailto:eligibility@inas.org)

Link to Application forms:

<http://www.inas.org/technical/eligibility-and-classification/>



enriching communities through  
inclusive sport and recreation

[www.inclusionwa.org.au](http://www.inclusionwa.org.au)



Department of  
**Sport and Recreation**

